

Aquatic Fitness Professional Manual

The Aquatic Fitness Professional Certification The AFP Manual, published by Human Kinetics, features some of the most recent research in aquatic fitness,

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Written with the expertise of more than 30 industry experts, Aquatic Fitness Professional Manual, Sixth Edition, is the most comprehensive and relied-upon resource

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Product Description: This all-in-one aquatic fitness reference is the definitive resource for those preparing for the AEA Aquatic Fitness Professional certification exam.

Aquatic Exercise Association is the author of Aquatic Fitness Professional Manual (4.44 avg rating, 9 ratings, 0 reviews, published 2010) and Aquatic Fit

Jul 25, 2011 Aquatic Fitness Professional Manual has 1 rating and 1 review. Lesley said: excellent for learning how the body works when you are exercising. some good

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This is the AEA (Aquatic Exercise Association) Fitness Professional Manual that is used as the basis of their test for certification as a water fitness instructor.

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