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How to Become a Martial Arts Instructor. Contrary to popular belief, it takes more than just having good kicks or good credentials to teach martial arts for a living.

OKINAWAN MARTIAL ARTS. Student Manual . Table of Contents - Overview; About Your Instructors Shorin-Ryu; School History; Competition History; YOUR SENSEIS

San Jose is one Caio himself personally overseas all of the students and instructors. Vitor Paschoal is a rising star in the sport of Brazilian Jiu Jitsu.

Brazilian Jiu Jitsu. Brazilian Jiu-Jitsu is a martial art, combat sport, and a self defense system that focuses on grappling and especially ground fighting.

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